

# Busy Teacher Resources

April 4, 2005

## War On Obesity!!!



HealthierUS.gov will be that source of credible, accurate information to help Americans choose to live healthier lives.

<http://www.healthierus.gov/>



Brought to you by KidsHealth, the largest and most visited site on the Web providing doctor-approved health information about children from before birth through adolescence. Kids can play related games, learn how to stay fit, even find healthy recipes and much more.

[http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

### U.S. Food and Drug Administration

CENTER FOR FOOD SAFETY AND APPLIED NUTRITION

## For Kids, Teens, & Educators

Provides general information, games, quizzes, puzzles and resources for kids, teens and teachers on food safety.

<http://www.cfsan.fda.gov/%7Edms/educate.html>

### Nutrition Explorations

Through its network of state and regional dairy councils, NDC is a recognized leader in educating school children. Education materials provided by the Dairy Council include brochures, booklets, curriculum aids, posters and other items to teach children about food, nutrition, diet and health.

<http://www.nutritionexplorations.org/>



An award-winning site that educates kids, parents, and teachers alike about why fruits and vegetables are so good for you.

<http://www.dole5aday.com>